

# SPECIALISED CLASSES

**Children not enrolled in our Preschool program are welcome to attend any of our private specialised classes. New scheduled classes to be announced.**

**Our specialised classes** have been designed **to develop a power of concentration, improve the thinking process, encourage spontaneous expression, promote self confidence**, and most important to elevate creativity by **HAVING FUN!**

## THEORY

As children engage in our curriculum they have the opportunity to partake in specialised classes. These classes allow them the opportunity to expand their repertoire of skills by working with their peers in small group settings and to experience the high quality and professional teaching from some of the city's finest educators. As children engage in these specialised lessons they have the opportunity to build on the primary attachments from their initial caregivers / teachers. Children use their secure attachments to develop a level of trust and safety as a base to explore new bonds along with friendships, with both their new teachers and new class friends.

### ♡ Private Piano Classes

A qualified Conservatory of Music teacher offers 25 minutes private piano classes. The lessons focus on a variety of key concepts depending on the ability of the child. These concepts include ear training, read sheet music, music theory, prepare for conservatory exams and teach favourite songs. The teacher is also able to customise each individual lesson to your child's needs and desires. The children enjoy the individual instruction and have lot of fun while learning finger placement, key identification, scales and vocal instruction.

### ♡ Private Vocal Classes

In our specialised private vocal class your child will learn about pitch, rhythm and tempo. They will focus on the correct technique for breathing and how to release tension in their voice and throat. Combined with a focus on facial expressions and vocal expressions this is a class that will help your child learn the fundamental beginning steps of a super star! These classes can also be paired with private piano and guitar classes for the extra level of understanding to help them shine with confidence!

### ♡ Private Guitar Lessons

A qualified Conservatory of Music teacher offers 25 minutes private guitar lessons. This opportunity is for all children utilizing fine motor skills by learning proper finger placement this class rocks! Incorporating vocal is an important way for children to learn beats and musical notes; this is a great way to promote the musician within them!

## ♡ Small Group Focused Dance Class

A specialised dance teacher comes to the school to teach your child a wonderful 50 minute journey through the world of ballet, hip hop and yoga. The children have a great time in this class while developing confidence, body awareness and team work. Other classes soon to be announced!

### Ballet

Our dance teacher uses the RAD (Royal Academy of Dance) Syllabus to ensure your child is taught correct techniques. This is imperative as it keeps them safe and also instils great habits if they continue to dance later on in life. Your child will learn the Preliminary positions and postures as well as Pre Primary Grade and Primary Grade Ballet Syllabus. They will learn the correct arms and feet positions (1st through to 5th) as well as focused skills (jetes, sautees, tendues, leaps etc). In class we focus on listening to the teacher and bringing feelings, emotions and imaginations into our Ballet.

### Hip Hop

Hip Hop class is an opportunity for your child to show their inner self and find their own groove. We focus on isolations and learning how to move/use one part of our body at a time. We learn to count beats and how to dance using the beat (on, around, off). The children will learn choreography that allows them to put their attitude into their moves and really bust out of their comfort zone. Basic and beginner break dancing moves and freezes will also be taught. Within this class the children will focus on taking direction from the teacher and applying it throughout the fast pace of the class.

### Yoga

Our focused yoga class engages children to slow down, take a breath and relax their minds and bodies. Starting with some light focused breathing we calm our bodies down and learn how to use our breath properly. Following that the children work their way through a variety of poses to challenge their body's flexibility and strength. Poses such as crocodile, bear, frog, cow, dolphin, swan, downward dog, cobra, baby bridge and many more! We finish the class with a relaxing visualisation where the children are taken on an imaginative journey to relax and enjoy the feeling of just being.

### Kinder Gym - Coming Soon!

Our Kinder gym teacher is a certified Level One Gymnastics Coach with over 15 years experience. She is an elite gymnast, acrobat, tumbler and trampolinist and has been coached by a wide variety of specialists. She brings with her the life experience that an elite sportsperson carries as well as experience in Cirque Du Soleil and matched with her teaching degree has a great understanding and appreciation of young children. In Kinder gym your child will learn basic tumbling and acrobatic movements such as: forward rolls, cartwheels, handstands, stretching, bridges and many more. With a foundational focus on body awareness and gross motor skills such as jumping, running, skipping, hopping etc this class will make your child well rounded to take on any sport and understand how to use their body properly.

***Don't be late, limited spaces, class group ratios are 1 to 8.  
Private classes are 1 to 1.***